

By 30 Months

- Yes No Does your child walk up stairs?
☐ ☐
- Yes No Does your child understand simple requests like, "Give me one cracker" or "Bring me one crayon"?
☐ ☐
- Yes No Does your child put three words together like, "I want juice"?
☐ ☐
- Yes No Does your child make a straight line with a crayon or pencil after you do it?
☐ ☐
- Yes No Does your child use pronouns like "I", "you" and "me"?
☐ ☐
- Yes No Does your child turn the pages of a book, one at a time?
☐ ☐
- Yes No Has your child seen the doctor for a 24-month checkup?
☐ ☐

By 36 Months (3 years old)

- Yes No Can your child tell you her first name?
☐ ☐
- Yes No Does your child unbutton buttons?
☐ ☐
- Yes No Does your child jump up and down?
☐ ☐
- Yes No Does your child ask questions?
☐ ☐
- Yes No Does your child understand words like "in", "out" and "behind"?
☐ ☐
- Yes No Does your child follow simple two-step directions like, "Go to your room and bring me a diaper"?
☐ ☐



Fairfax County Department of Family Services
BLUE RIBBON Campaign ...Keeping Kids Safe

Child Protective Services Hotline 703-324-7400; TTY 703-222-9452
www.fairfaxcounty.gov/service/dfs

While all infants and toddlers learn at their own pace, some may need a little extra help to develop certain skills.

If you answered "no" to one or more of these questions, or if you have other concerns about your young child's development, the Infant & Toddler Connection of Virginia is here to help!

Please call the toll-free phone number below. You will be given the name and telephone number of someone in your community who will listen to your concerns and offer assistance.



Infant & Toddler
Connection of Virginia
1-800-234-1448
TTY/TDD 1-804-771-5877
www.infantva.org

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Parents Are Often the First to Know When Their Baby Needs a Helping Hand.



A Checklist for Your Child's Development from Birth to Age Three

The first three years of your baby's life are very important. Infants and toddlers are learning to walk, talk, recognize people and do many other things. Parents are often the first to notice when their child is not learning or growing like other babies. This brochure outlines what to expect from your child during the ages from birth to three years old.

Please make sure that your child receives well-baby checkups by her doctor every three months for the first year and a half, and every six months after that until she is three years old.

Some infants and toddlers may have trouble developing certain skills. If you have any concerns about your baby, call the Infant & Toddler Connection of Virginia at 1-800-234-1448. We're here to help.



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Important For All Babies

Check Yes or No for each question.

- Yes No Does your baby always ride in a car seat
☐ ☐ when riding in a car?
- Yes No Do you have a regular place to go for your
☐ ☐ baby's health care (pediatrician,
family doctor, public health clinic)?

Here's a sample list of what babies are usually able to do at different ages.

By 3 Months Old

- Yes No Does your baby smile back at you when you
☐ ☐ smile, talk, or gently touch her face?
- Yes No Is your baby making cooing sounds like "ooh"
☐ ☐ or "aah"?
- Yes No Does your baby seem surprised when she
☐ ☐ hears loud noises?
- Yes No Does your baby lift her head and chest when
☐ ☐ lying on her tummy?
- Yes No Does your baby play with her hands by
☐ ☐ touching them together or putting them in
her mouth?
- Yes No Does your baby watch you when you walk
☐ ☐ around the room?
- Yes No Has your baby seen the doctor at least two
☐ ☐ times for well-baby checkups?

By 6 Months Old

- Yes No Does your baby laugh and babble, like saying
☐ ☐ "bababa" or "dadada"?
- Yes No Does your baby try to explore toys by putting
☐ ☐ them in his mouth?
- Yes No Does your baby roll from his back to his
☐ ☐ tummy?
- Yes No Does your baby turn his head toward sounds
☐ ☐ like your voice, radio or TV?
- Yes No Does your baby reach for and hold a toy?
☐ ☐
- Yes No Has your baby had at least one well-baby
☐ ☐ checkup in the last three months?

By 9 Months Old

- Yes No Does your baby sit by herself without falling?
☐ ☐
- Yes No Does your baby look for a toy when she sees
☐ ☐ you drop it?
- Yes No Does your baby hold something in each hand
☐ ☐ at the same time?
- Yes No Does your baby scoot or crawl across the floor
☐ ☐ on her tummy?
- Yes No Does your baby pull up to stand by holding
☐ ☐ on to furniture?
- Yes No Does your baby shake her head "No"?
☐ ☐
- Yes No Has your baby seen the doctor at least one
☐ ☐ time for a well-baby checkup since she was
six months old?

By 12 Months (1 year old)

- Yes No Does your baby look at the right thing when
☐ ☐ you say words like "bottle", "ball" or "cup"?
- Yes No Does your baby get on his hands and knees to
☐ ☐ crawl?
- Yes No Does your baby say "Mama" or "Dada" to the
☐ ☐ right person?
- Yes No Does your baby find a toy when he sees you
☐ ☐ hide it?
- Yes No Is your baby playing peek-a-boo or waving
☐ ☐ bye-bye after he sees you do it?
- Yes No Does your baby look at pictures in a book?
☐ ☐
- Yes No Does your baby take steps when holding on to
☐ ☐ furniture?
- Yes No Does your baby pick up finger foods like
☐ ☐ Cheerios or raisins using the thumb and one
finger?
- Yes No Has your baby seen the doctor at least one
☐ ☐ time for a well-baby checkup in the last nine
months?

By 15 Months Old

- Yes No Does your baby point to or ask for things
☐ ☐ she wants?
- Yes No Does your baby feed herself with her fingers?
☐ ☐
- Yes No Does your baby walk without help?
☐ ☐
- Yes No Does your baby say any words other than
☐ ☐ "Mama" or "Dada"?
- Yes No Does your baby scribble on paper using
☐ ☐ crayons or pencils?
- Yes No Has your baby seen the doctor for her 12-
☐ ☐ month well-baby checkup?

By 18 Months Old

- Yes No Does your baby hold and drink from a cup?
☐ ☐
- Yes No Does your baby point to body parts like "eyes",
☐ ☐ "nose" and "mouth" when you name them?
- Yes No Does your baby like to put things in and out
☐ ☐ of containers?
- Yes No Does your baby say words to tell you what he
☐ ☐ wants?
- Yes No Does your baby like to look at books and turn
☐ ☐ pages by himself?
- Yes No Has your baby seen the doctor for a 15-month
☐ ☐ well-baby checkup?

By 24 Months (2 years old)

- Yes No Does your child stack things on top of one
☐ ☐ another?
- Yes No Does your child put words together like,
☐ ☐ "Daddy shoe", "Go bye-bye", "See car"?
- Yes No Does your child point to pictures in a book
☐ ☐ when you name them?
- Yes No Does your child take off her sweater, socks or
☐ ☐ hat by herself?
- Yes No Has your child had her 18-month well-baby
☐ ☐ checkup?